

# LIPIDS

# LIPID CHEMISTRY

## Definition

Organic substances relatively insoluble in water but soluble in organic solvents like chloroform, ether and benzene

# FUNCTIONS OF LIPIDS

Storage form  
of energy

Structural  
component  
of cell  
membrane.

Precursor of  
many steroid  
hormones, vi  
tamin D

Act as  
thermal  
insulator

Protection of  
internal  
organs

# FUNCTIONS OF LIPIDS

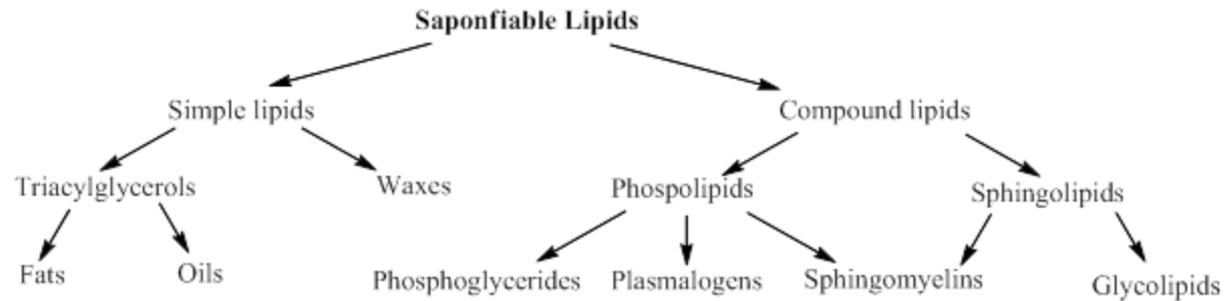
Helps in absorption of fat soluble vitamins

Lipoproteins transporting lipids

Fats serve as surfactants by reducing surface tension.

Improve taste and palatability.

Acts as electric insulators in neurons.



# *Classification of lipids*

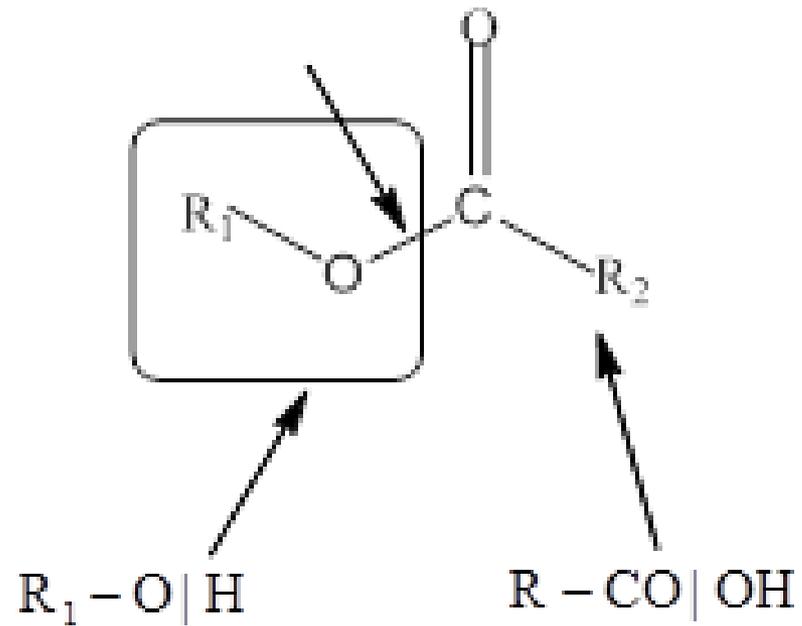
## Saponifiable lipids

- contain at least one ester group, which undergoes hydrolysis in the presence of an acid, a base, or an enzyme.

## Nonsaponifiable lipids

- do not undergo hydrolytic cleavage into smaller molecules.

# Ester bond



# The main components of saponifiable lipids

## alcohols

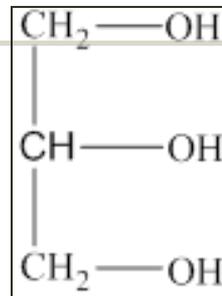
myricyl



cetyl

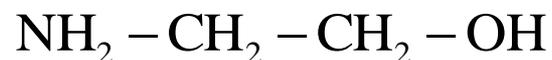


glycerol



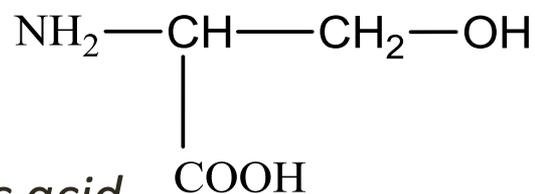
# Amino compounds and orthophosphoric acid

- *Colamine (ethanolamine)*

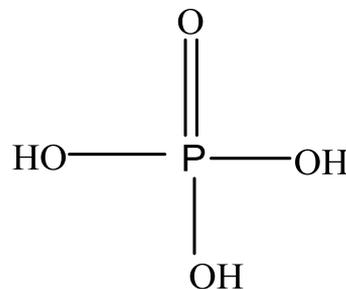


- *Choline*

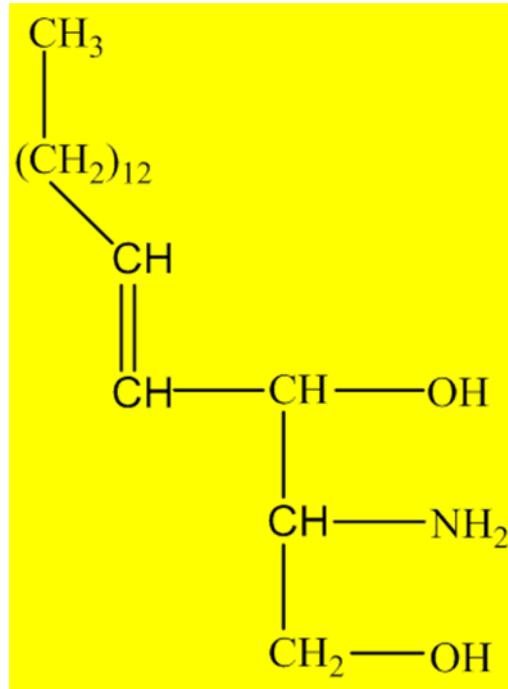
- *Serine*



- *Orthophosphoric acid*

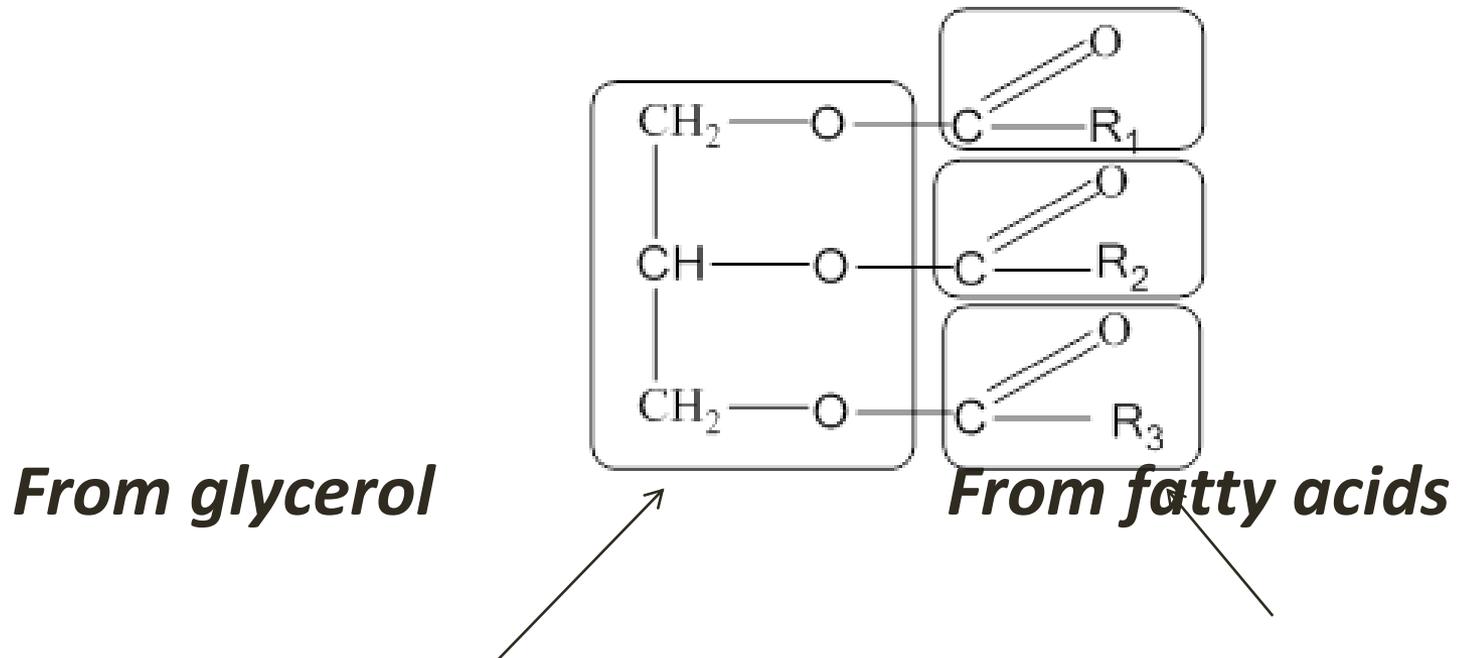


- sphingosine



# Simple lipids-

- *are esters of fatty acids with various alcohols.*



# Fatty acids

- **Simplest** form of lipids
- Aliphatic **monocarboxylic** organic acids with hydrocarbon side chain
- FA are included in the group of derived lipids
- Most common component of lipids in the body
- Free FA are formed only during metabolism
- General formula **R-COOH**.
- R → Alkyl / hydrocarbon chain  
COOH → Carboxyl end
- Occurs mainly as ESTERS in natural fats and oils.

# Nomenclature

- **Systematic name**

- It is based on hydrocarbon from which it is derived.
- After the name of the parent hydrocarbon
- With suffix – **anoic** acid for **saturated** fatty acid,
- – **enoic** acid for **unsaturated** fatty acid.

8    7    6    5    4    3    2    1



Hydrocarbon chain

Carboxyl group

Octane + acid = Octanoic acid

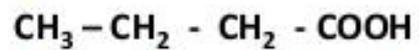
- Common name – Caprylic acid

## Numbering

- The Carbon atoms are **numbered** from COOH group as 1.
- The carbons adjacent to this are 2,3,4 etc or  $\alpha$ ,  $\beta$ ,  $\gamma$
- Carboxyl group carbon is  $C_1$ , next carbon atom is  $C_2$  /  $\alpha$ -carbon, next is  $\beta$  and so on,
- Last carbon atom or  $CH_3$  group,  $\omega$  /  $n$  carbon.

## Numbering of fatty acids

$\omega$



Butyric acid

4    3    2    1

*(Arabic numbers)*

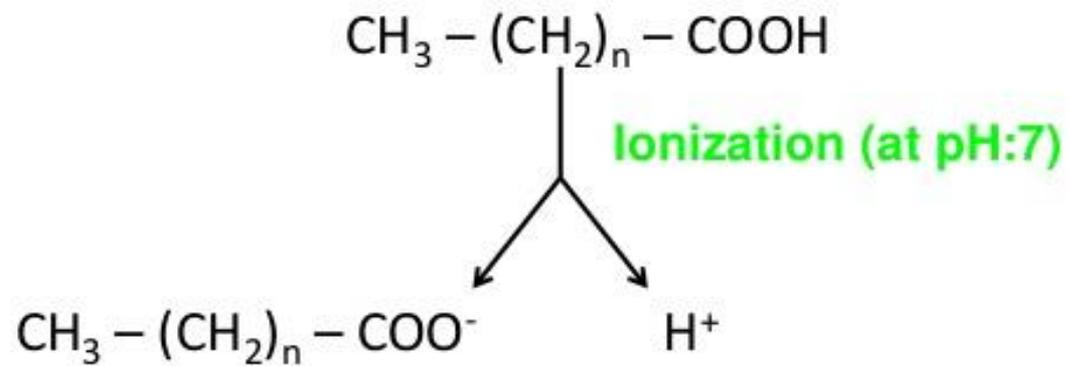
$\gamma$      $\beta$      $\alpha$

*(Greek alphabetical numbers)*

1    2    3    4

*(Omega numbers)*

## General Formula of Fatty Acids



## General Structure of a Fatty Acid

- Fatty acids are amphipathic molecules composed of a hydrophilic (polar, ionized) head (formed by the carboxyl group) and a hydrophobic (non-polar, non-ionized) tail (formed by the hydrocarbon chain).
- The degree of solubility of a fatty acid depends on the length of the hydrocarbon chain.

$\text{CH}_3(\text{CH}_2)_n$	$\text{COO}^-$
Hydrophobic hydrocarbon chain	Hydrophilic carboxyl group (ionized at pH 7)

Non-polar

$\text{H}_2\text{O}$ -insoluble

polar

$\text{H}_2\text{O}$ -soluble

## Classification of Fatty Acids

### 1. According to chain length

short, medium and long

### 2. According to degree of saturation

saturated & unsaturated

### 3. According to Biological value

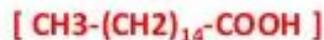
essential & non-essential

### 4. Aliphatic, branched and cyclic

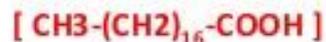
## Classification of fatty acids according to degree of saturation

- Saturated Fatty Acids
- **They do not contain double bonds**

- Palmitic (16 C)



- Stearic acid (18 C)



## Unsaturated Fatty Acids

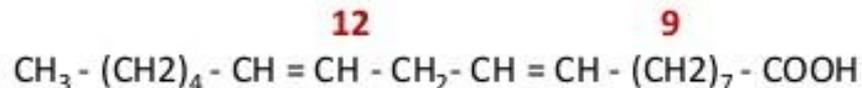
- They contain one or more double bonds
- They are named by adding suffix “enoic”
- Unsaturated fatty acids exhibit the geometrical isomerism at the double bonds.
- All naturally occurring fatty acids have the cis-configuration.
  
- e.g. Oleic acid (18: 1; 9) **w9**



## Polyunsaturated Fatty Acids

### 1. Dienoic fatty acids (contain 2 double bonds)

e.g. linoleic acid (18: 2 ; 9,12 ) ω6.



### 2. Trienoic fatty acids (contain 3 double bonds)

e.g. α-Linolenic (18: 3; 9,12, 15) ω3



### 3. Tetraenoic fatty acids (contain 4 double bonds)

e.g. Arachidonic (20: 4; 5, 8, 11, 14) ω 6



## **Classification of FA according to Biological Value**

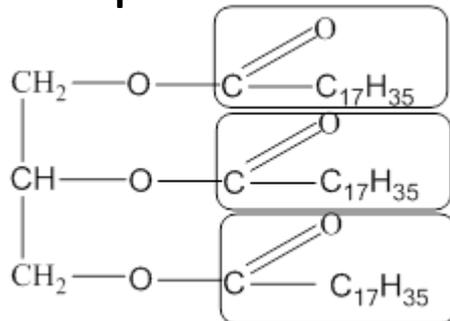
- **Essential Fatty Acids:**
- The FA that cannot be synthesized by the body, should be supplied through diet known as essential fatty acids.
- They are polyunsaturated fatty acids, linoleic acid and linolenic acid.

# Some common *fatty acids*

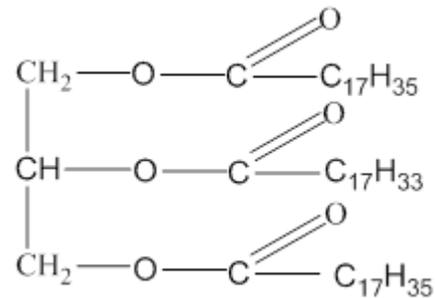
## Some common *fatty acids*

Common Name	IUPAC name	Formula	Number of double bonds	Number of carbons
<b>Saturated fatty acids</b>				
Palmitic	Hexadecanoic acid	$C_{15}H_{31}COOH$ ( $CH_3(CH_2)_{14}COOH$ )	0	16
Stearic	Octadecanoic acid	$C_{17}H_{35}COOH$ ( $CH_3(CH_2)_{16}COOH$ )	0	18
<b>Unsaturated fatty acids</b>				
Palmitoleic	9-hexadecenoic	$C_{15}H_{29}COOH$ ( $CH_3(CH_2)_5CH=CH(CH_2)_7COOH$ )	1	16
Oleic	9-octadecenoic acid	$C_{17}H_{33}COOH$ ( $CH_3(CH_2)_7CH=CH(CH_2)_7COOH$ )	1	18
Linoleic	9,12-octadecadienoic	$C_{17}H_{31}COOH$ ( $CH_3(CH_2)_4(CH=CHCH_2)_2(CH_2)_6COOH$ )	2	18
Linolenic	9,12,15-octadecatrienoic	$C_{17}H_{29}COOH$ ( $CH_3CH_2(CH=CHCH_2)_3(CH_2)_6COOH$ )	3	18

- **Fats** are triglycerides in which saturated fatty acids components predominate; they are solids at room temperature.
- **Oils** are triglycerides in which unsaturated fatty acids components predominate; they are liquids at room temperature.

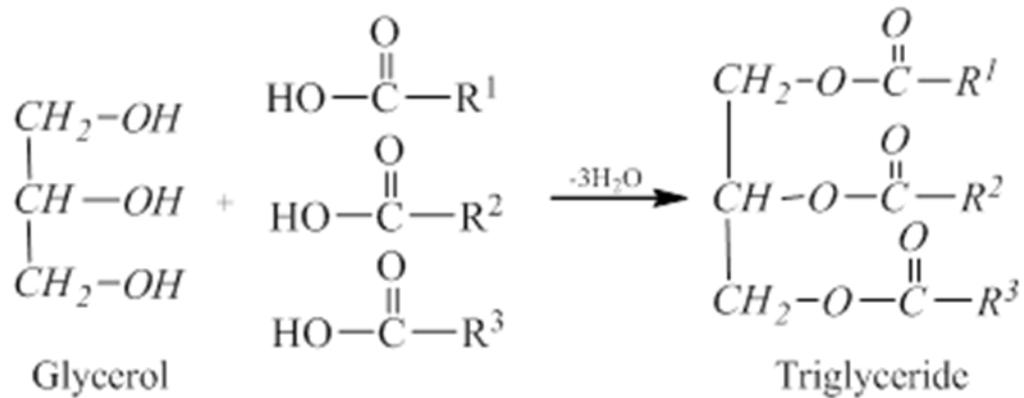


- *glyceryl tripalmitate*



- *2-oleoil-1,3-distearoilglycerol*

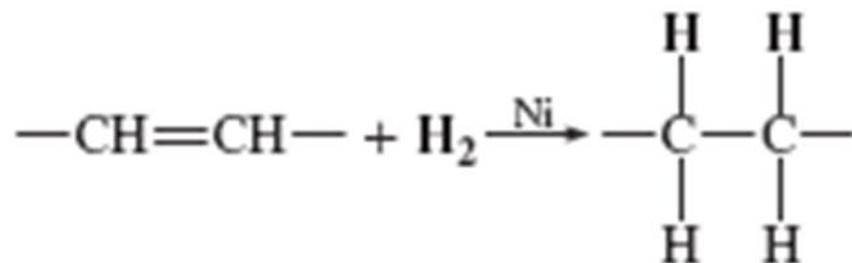
- Each of the three *OH* groups of glycerol forms an ester group by reaction with the *COOH* group of a fatty acid to form the triacylglycerol:



# Chemical Properties of Triacylglycerols

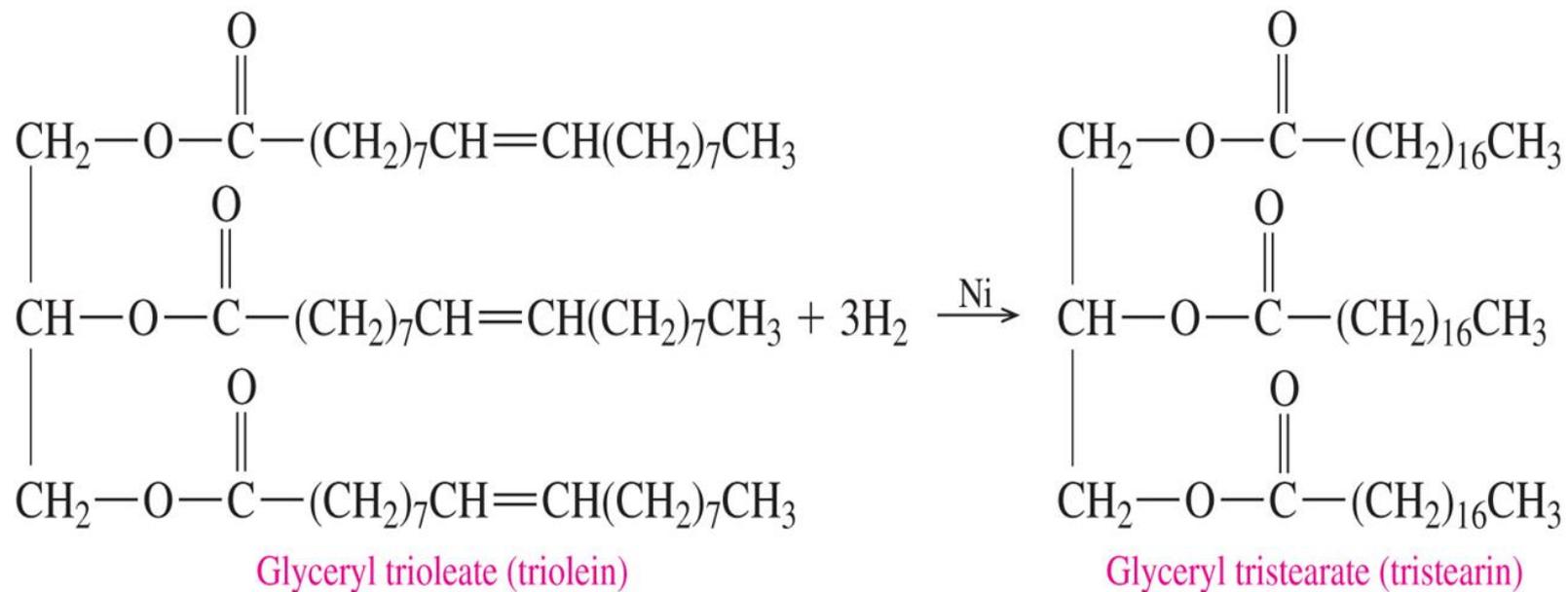
The chemical reactions of triacylglycerols are similar to those of alkenes and esters.

- In **hydrogenation**, double bonds in unsaturated fatty acids react with  $H_2$  in the presence of a Ni or Pt catalyst.



- In **hydrolysis**, ester bonds are split by water in the presence of an acid, a base, or an enzyme.

# Hydrogenation of Glycerol Trioleate

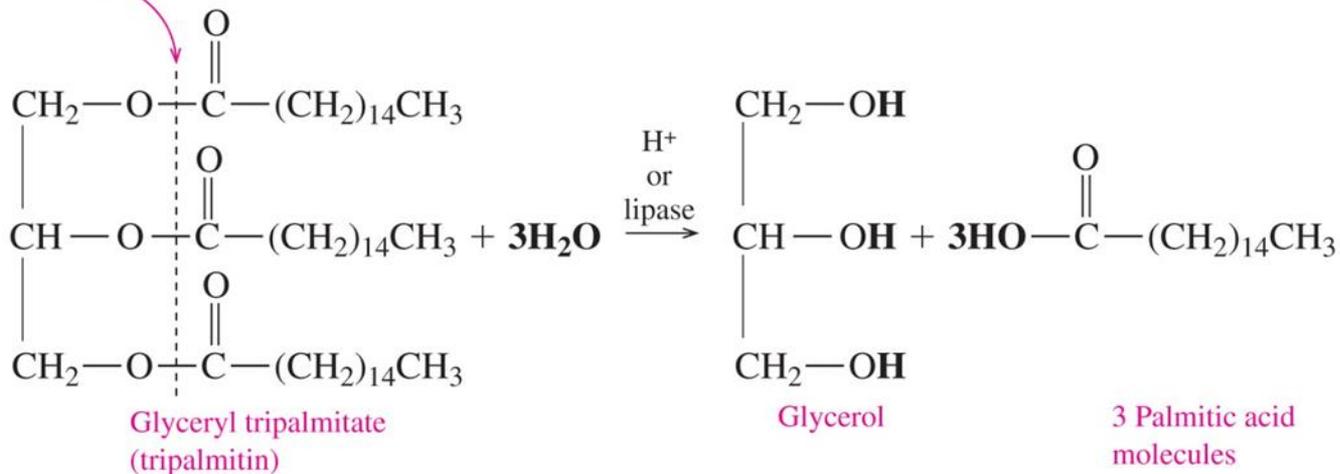


# Hydrolysis

In **acid** or **enzyme hydrolysis**,

- water adds to the ester bonds
- triacylglycerols split into glycerol and three fatty acids
- an **acid** or **enzyme catalyst** is required

Water adds to ester bonds



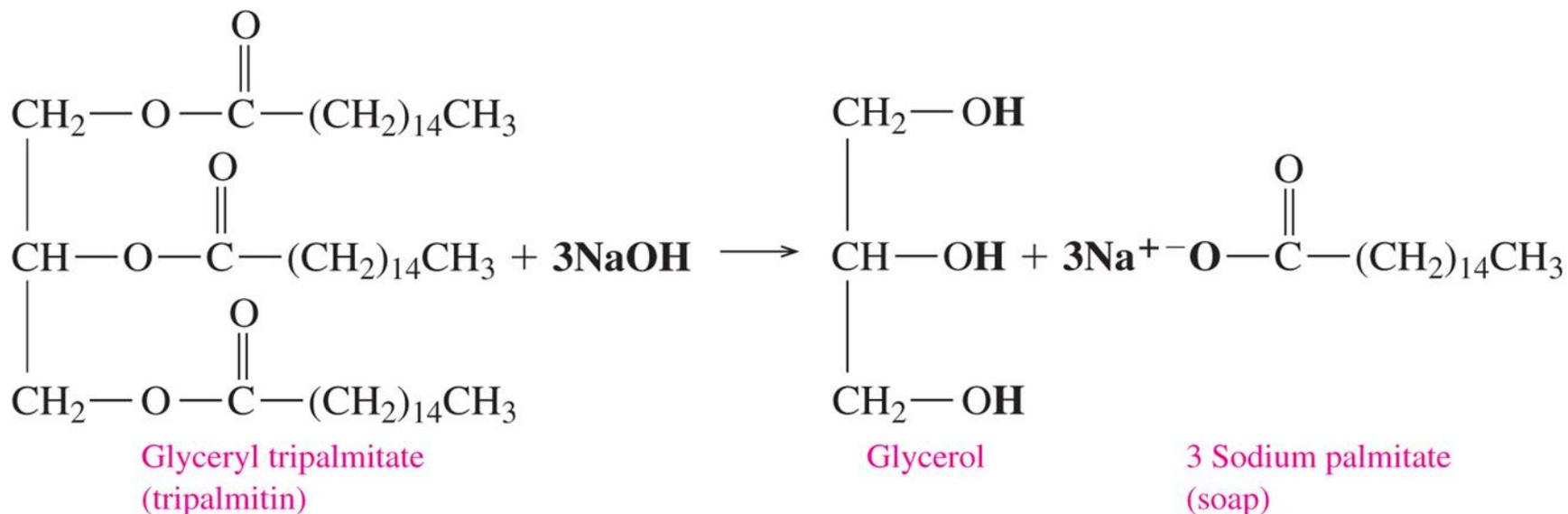
# Base Hydrolysis (Saponification )

In **base hydrolysis (saponification)**,

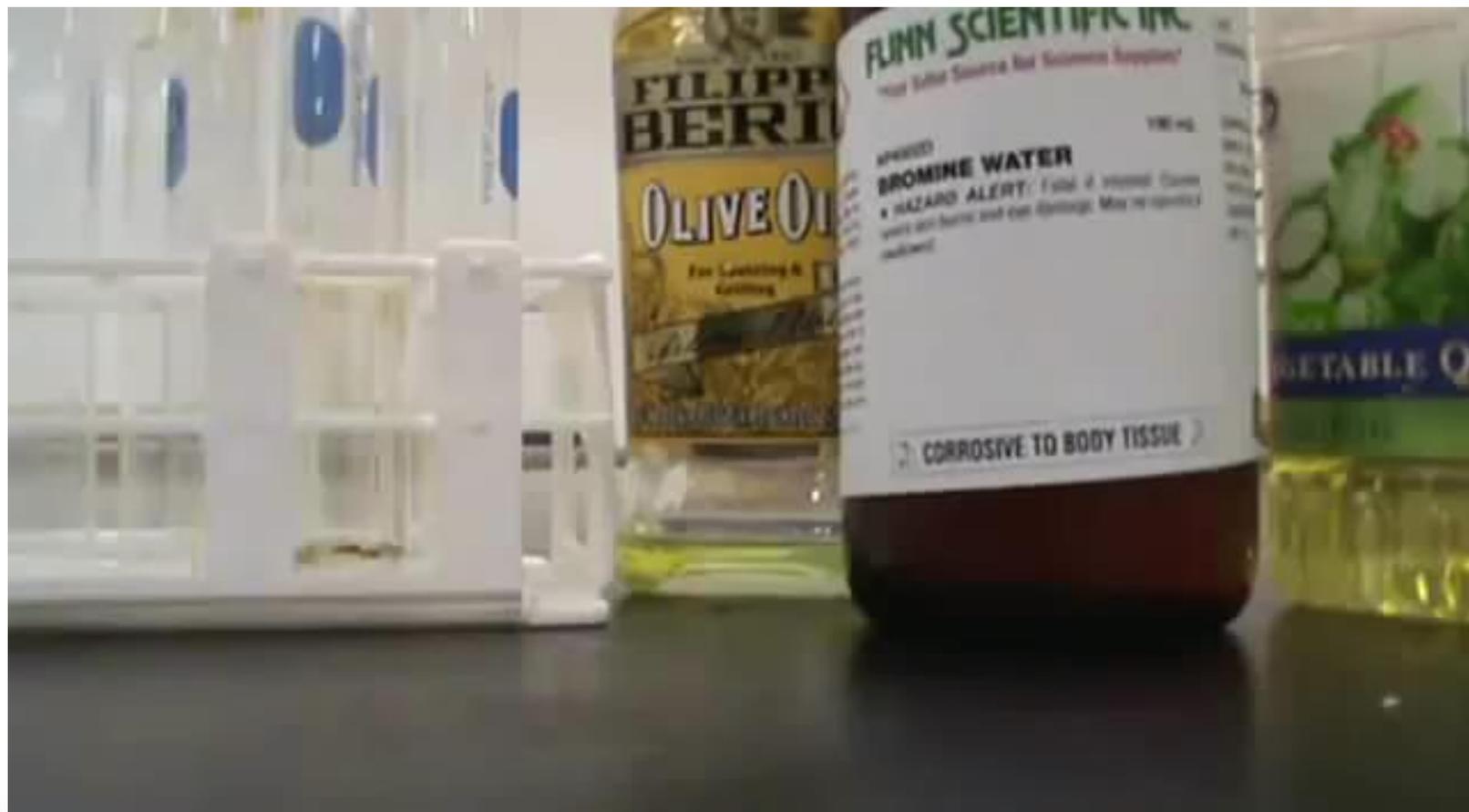
- a triacylglycerol reacts with a strong base
- a triacylglycerol splits into glycerol and the salts of fatty acids
- soaps (salts of fatty acids) form

# Saponification

Fat or oil + strong base  $\longrightarrow$  glycerol + salts of fatty acids (soaps)



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FILIPINO  
BERI  
OLIVE OIL  
For Lighting & Cooking

FUNN SCIENTIFIC INC.  
Your Better Source for Science Supplies  
100 mL  
BROMINE WATER  
HAZARD ALERT: Fuming & Irritant. Causes severe skin burns and eye damage. May be corrosive to metal.  
CORROSIVE TO BODY TISSUE

VEGETABLE OIL

# The iodine number of a triglyceride

- is the number of grams of iodine reacting with 100g of the triglyceride.
- The iodine number indicates the degree of unsaturation in the fatty acid components.

# Saponification value

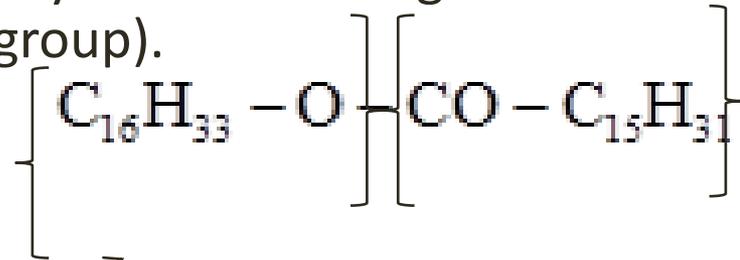
- The number of milligrams of KOH required to saponify 1.00 g of the glyceride
- Saponification reaction can be used in the laboratory to yield information about the structures of glycerides

# Acid value (or "neutralization number" or "acid number" or "acidity")

The number of milligrams of potassium hydroxide required to neutralize the free fatty acid in one gram of a fat or oil.

# Waxes

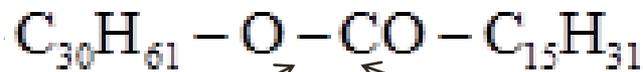
- are esters of fatty acids with long chain monohydric alcohols (one hydroxyl group).



**Spermaceti**

*From cetyl alcohol*

*From palmitic acid*



**Beeswax**

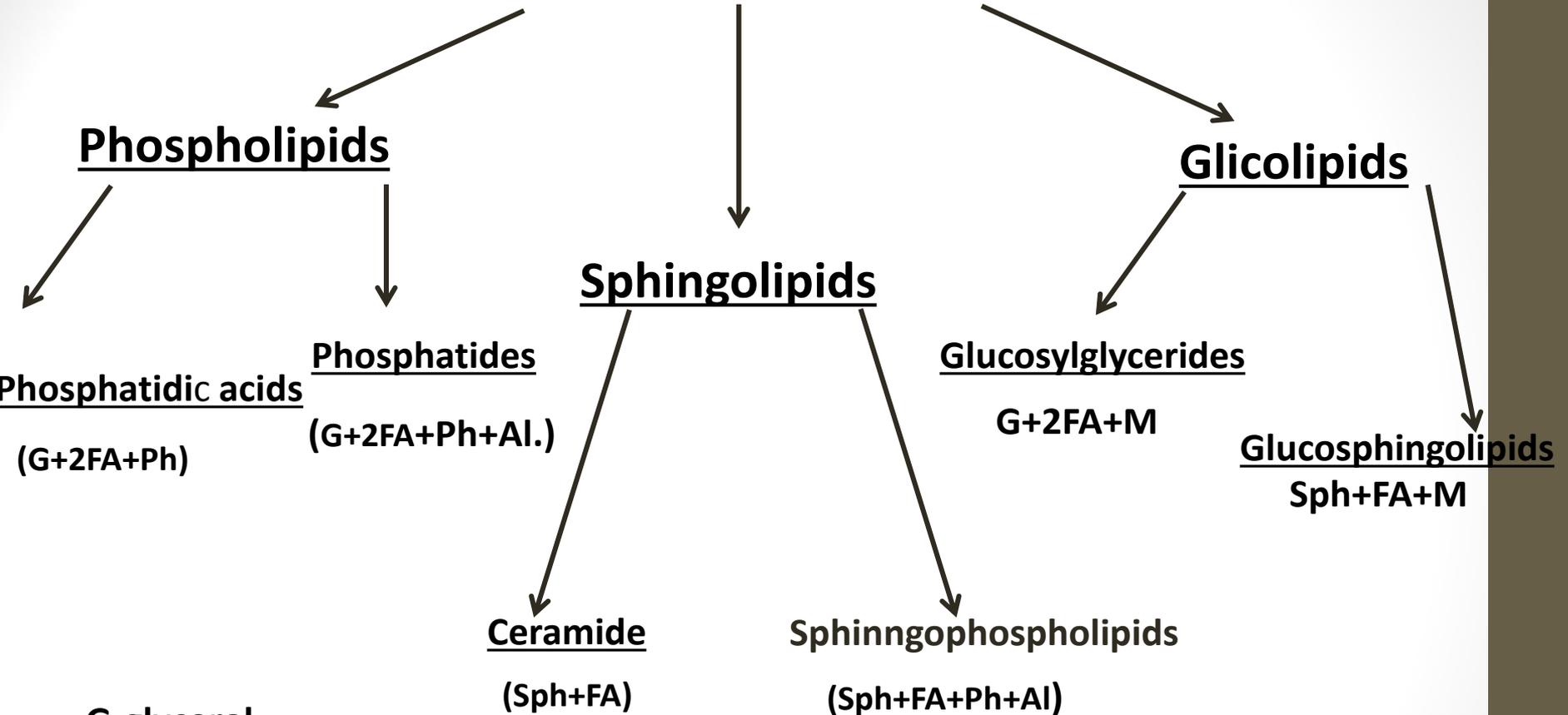
*From miricyl alcohol*

*From palmitic acid*

# Compound lipids

- Lipids, which are hydrolyzed to generate an alcohol, fatty acids, phosphoric acid, amino compounds, carbohydrates are called compound.

# Compound lipids



G-glycerol

FA-fatty acids

Ph- Phosphate

Al- alcohol

Sph-sphingosine

M.-monosaccharide

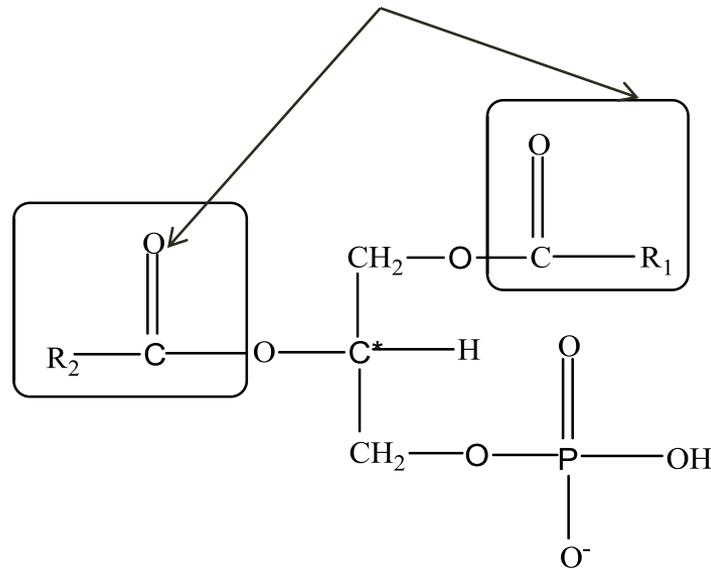
# Phospholipids

- They are hydrolased to form phosphoric acid

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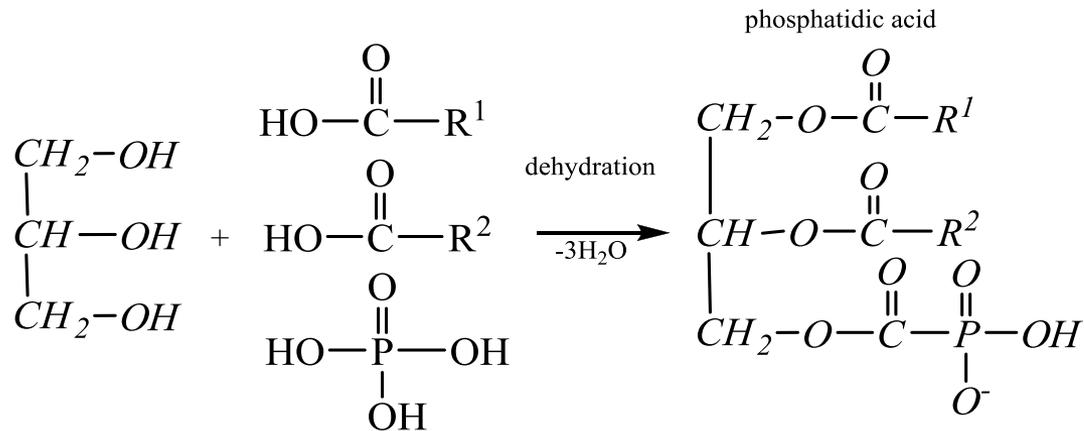
# Phosphatidic acids

*From fatty acids*

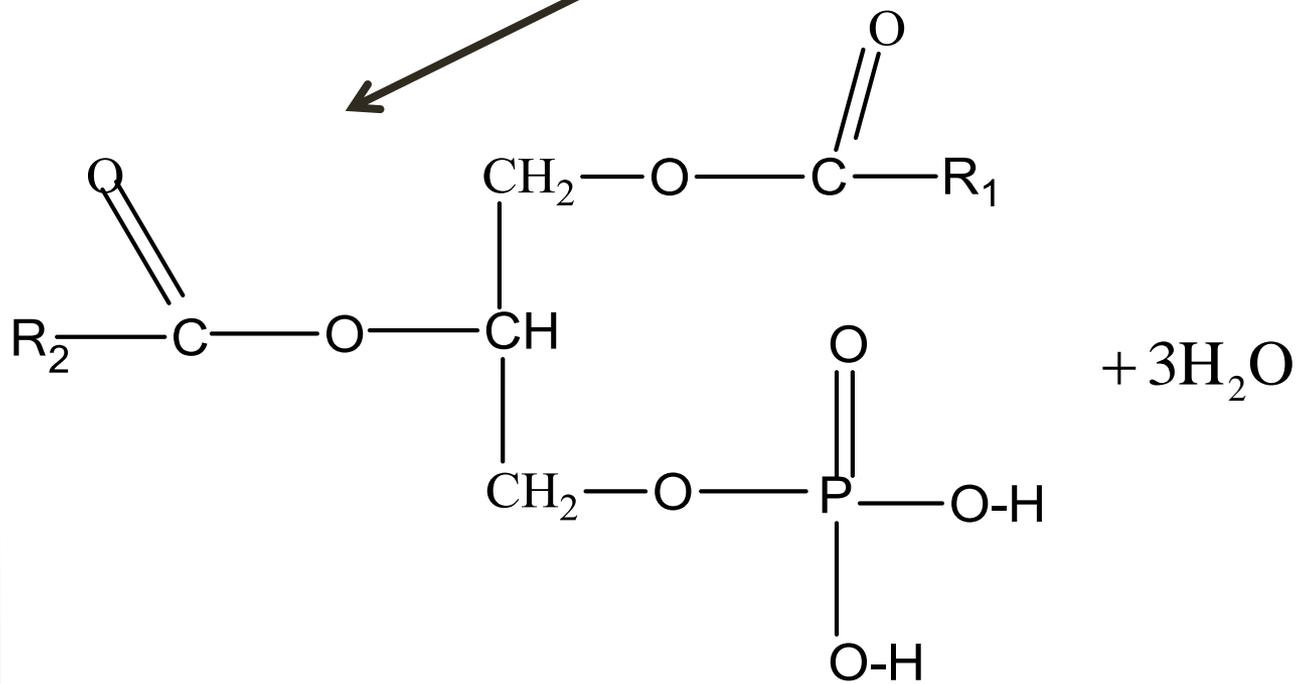
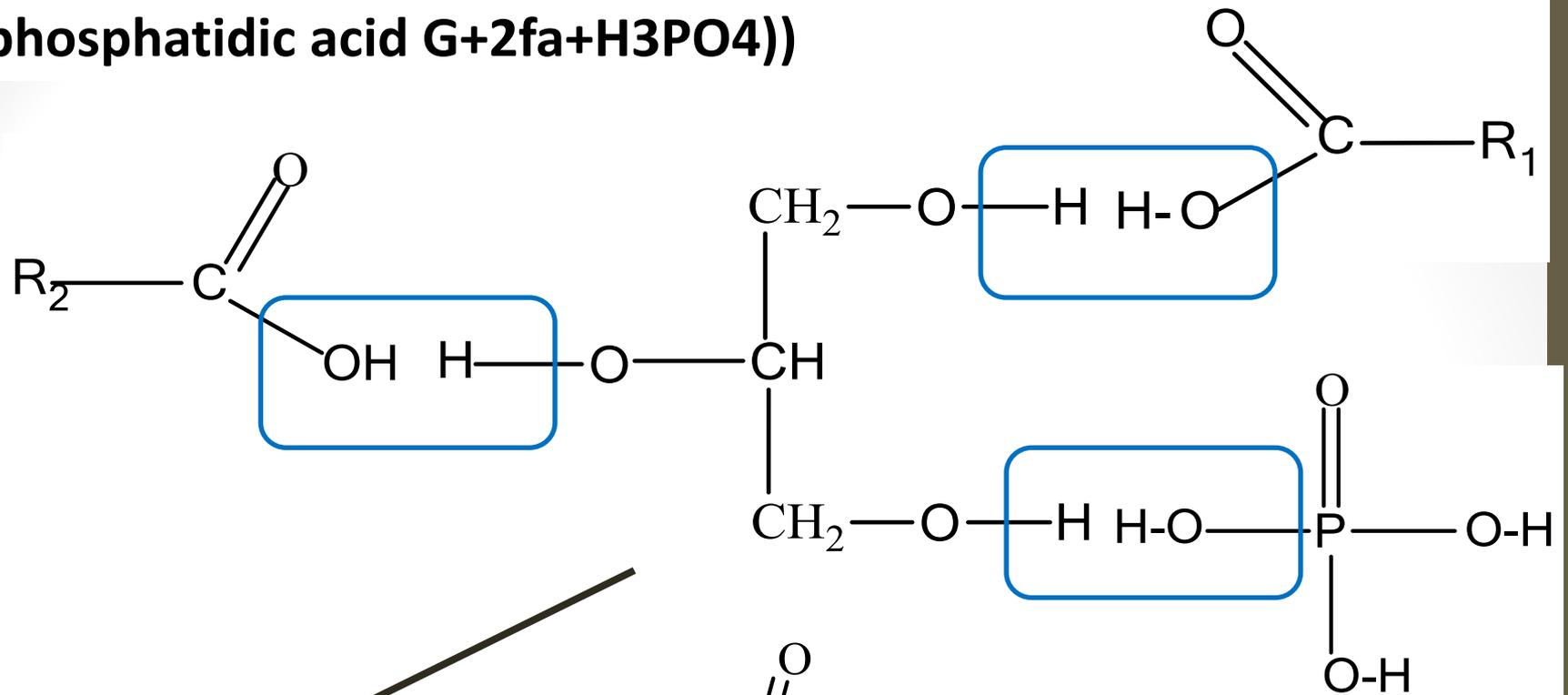


# Phosphatidic acid

- A phosphoglyceride forms by reaction of glycerol with two fatty acids and one phosphoric acid to form phosphatidic acid

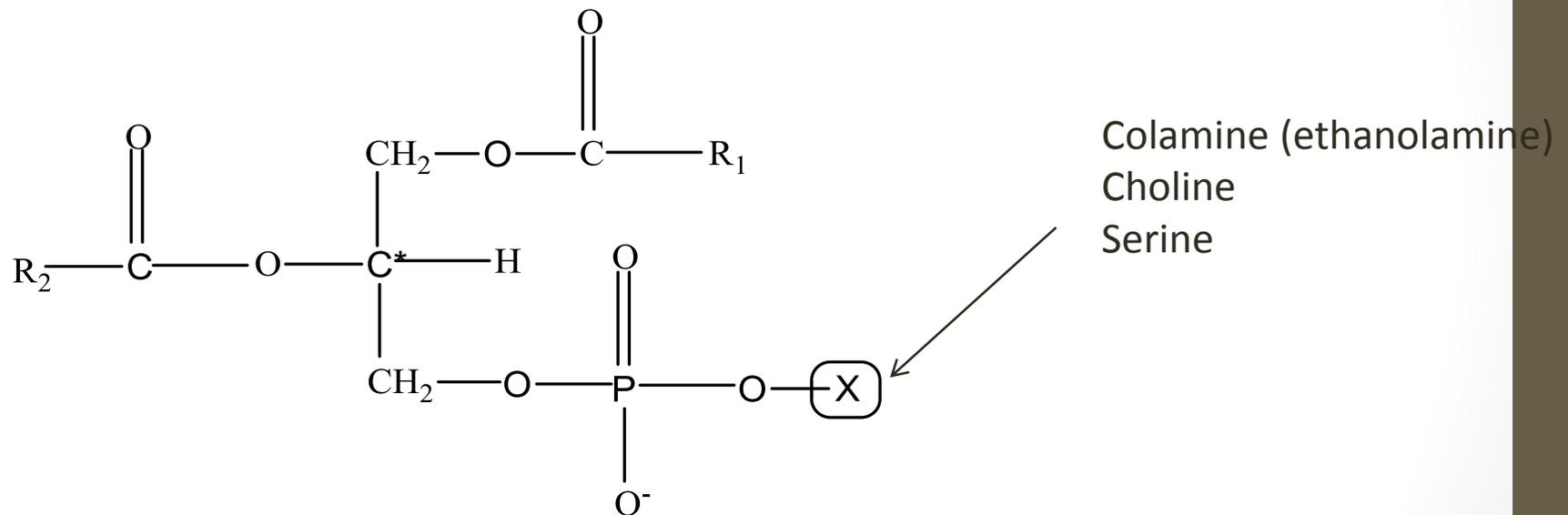


# (phosphatidic acid G+2fa+H3PO4)

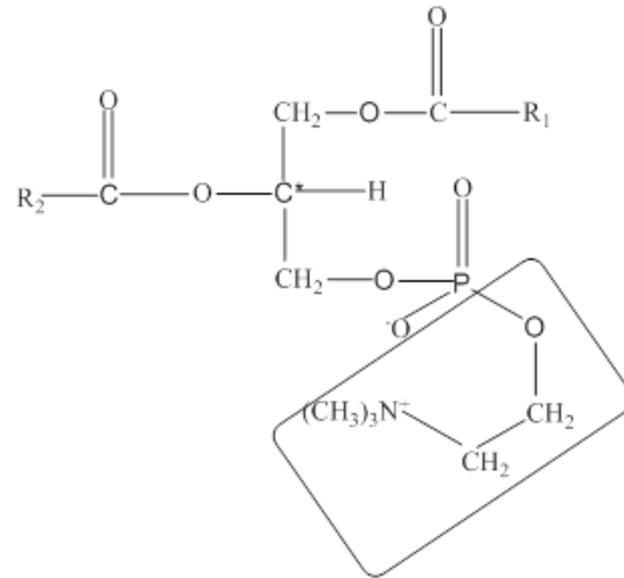


# Phosphatides

- are ester derivatives of phosphatidic acid

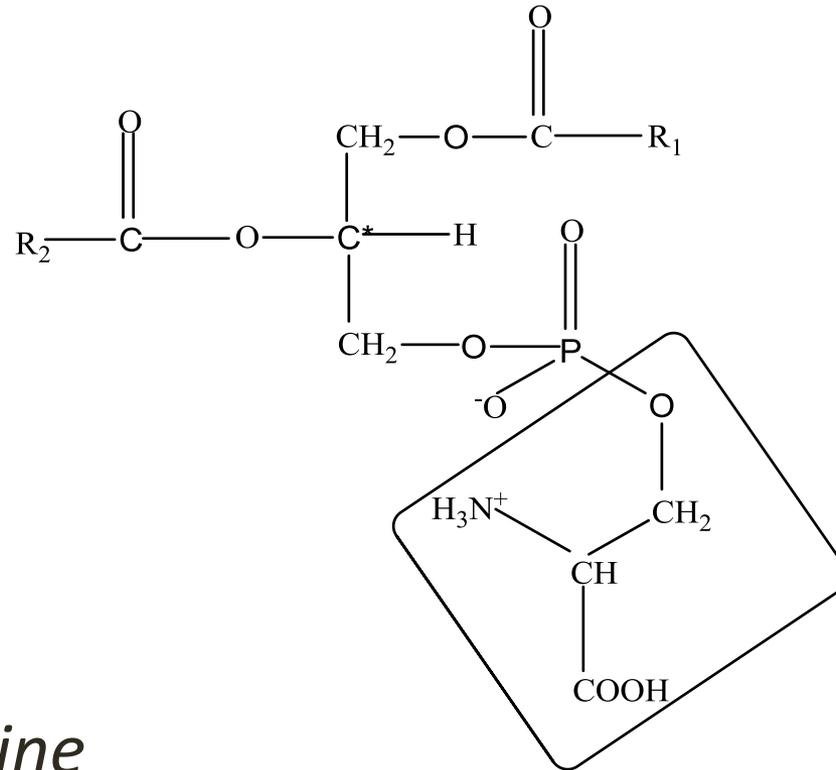


*X is choline*



*lecithin*

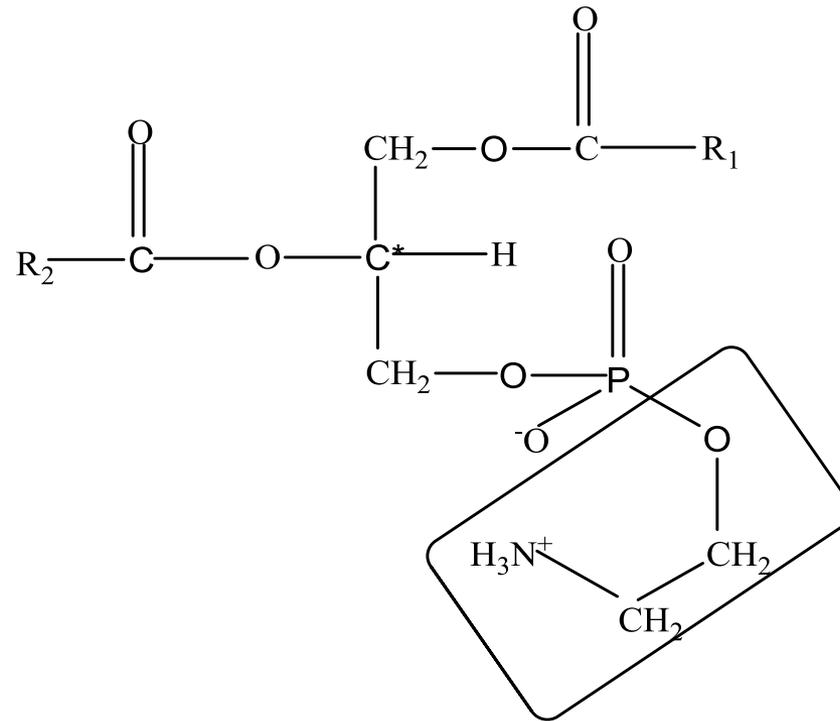
# X is serine



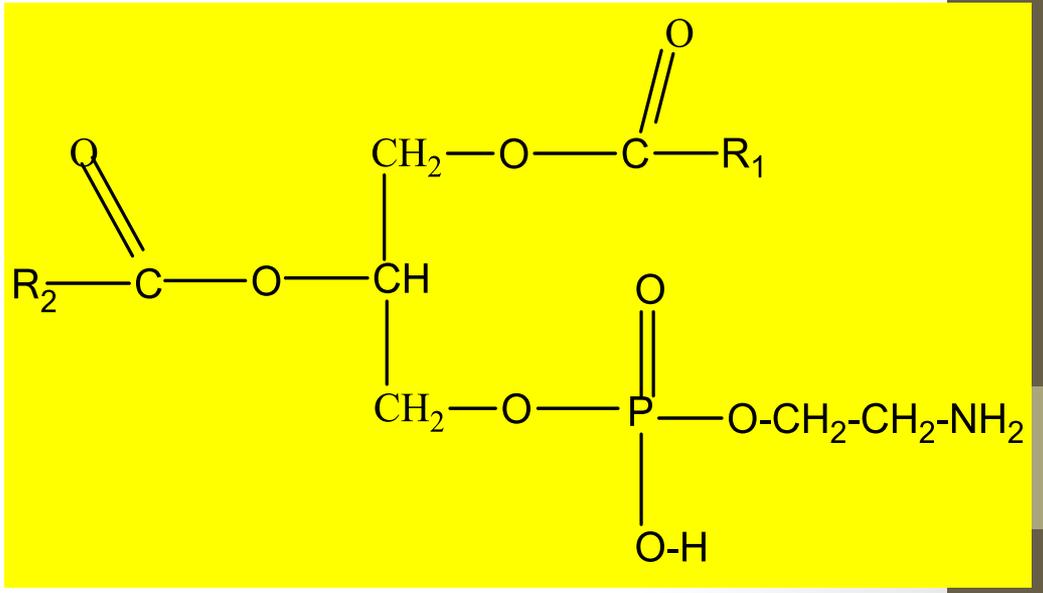
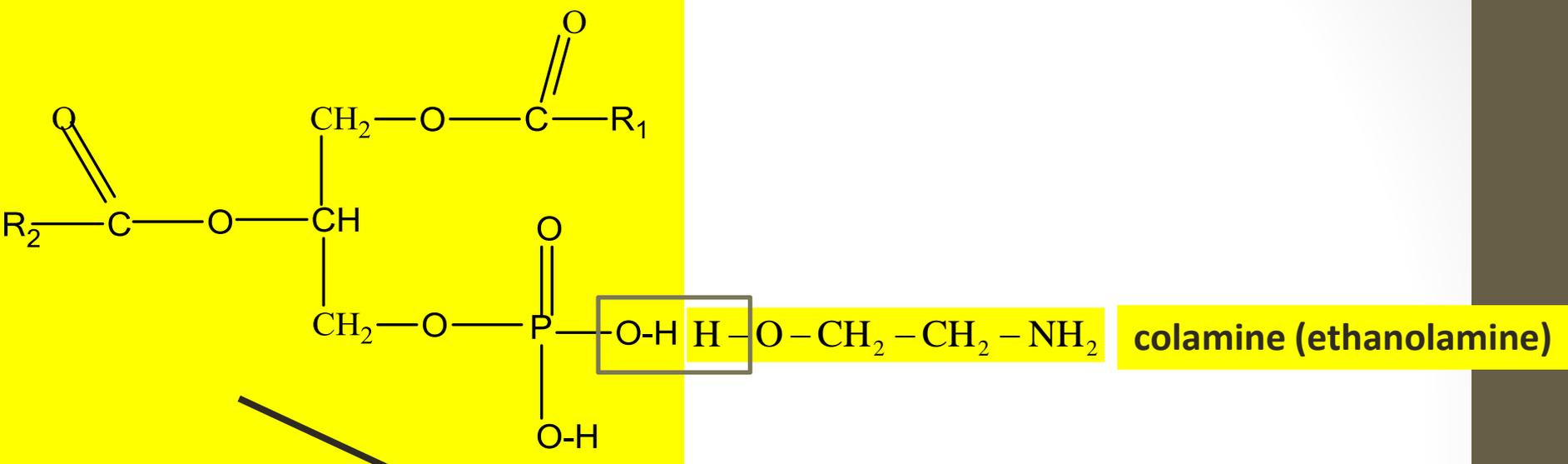
*phosphatidyl serine*

# X is colamine (ethanolamine)

- *Phosphatidyl Colamine*

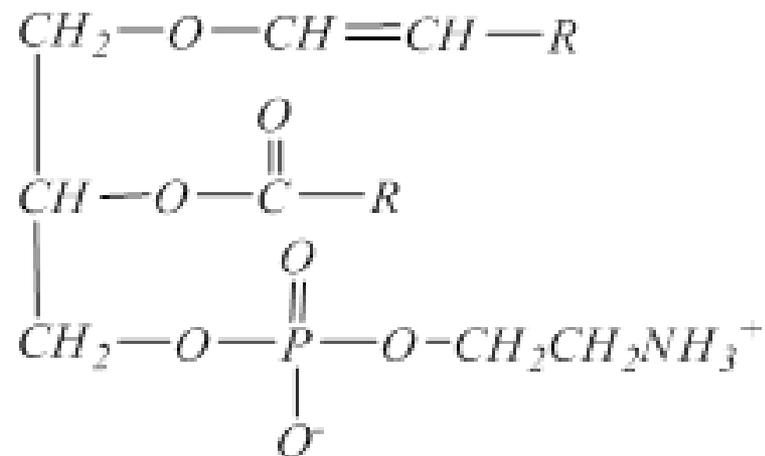


**Phosphatides (G+2FA+Ph+Al)=  
Phosphatidic acid+aminoalcohol)**



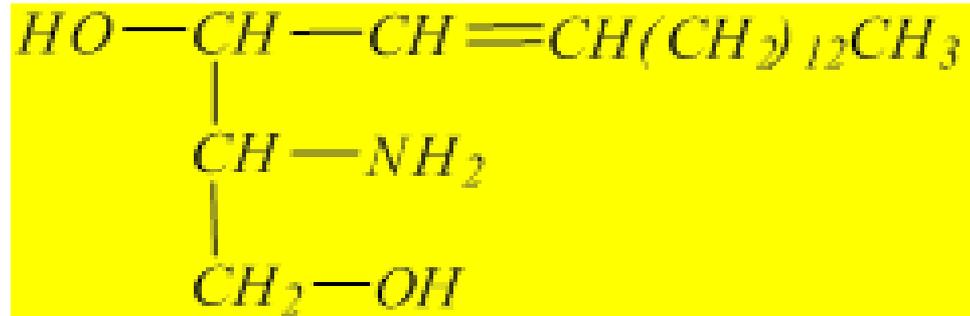
# Plasmalogen

- are similar to phosphoglycerides except that the fatty ester unit at C-1 is replaced by a fatty vinyl ether unit (-O-CH=CH-R)

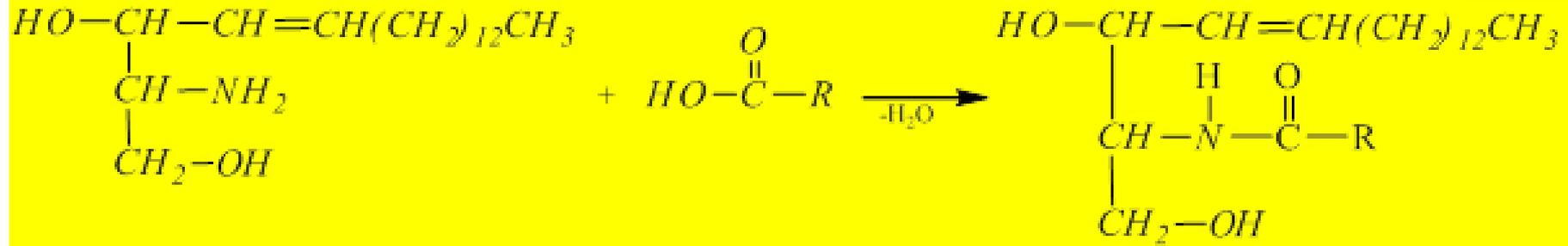


# Sphingolipids

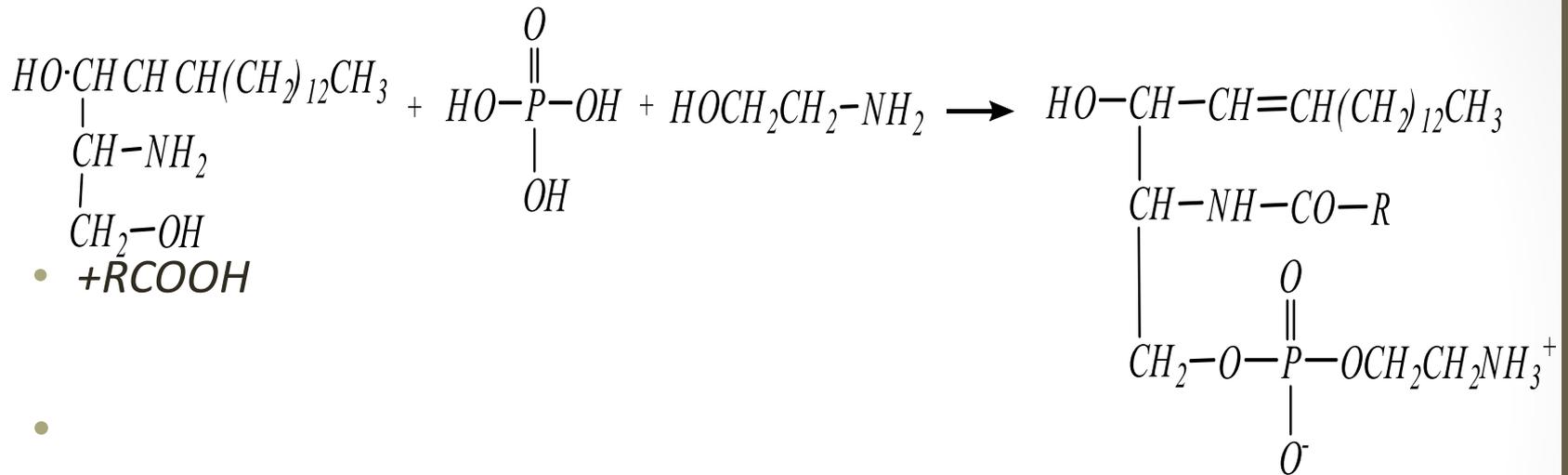
- are based on sphingosine instead of glycerol:



# Ceramide

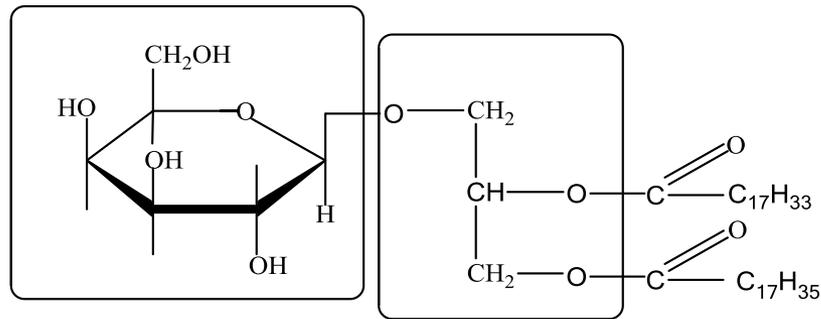


# Sphingophospholipids



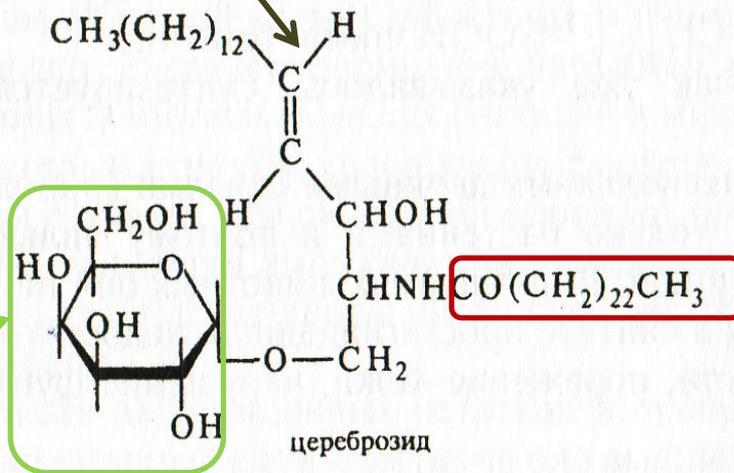
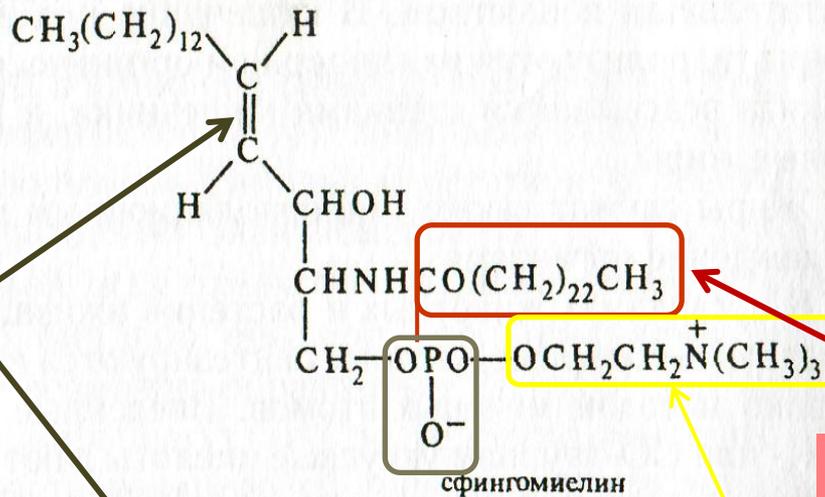
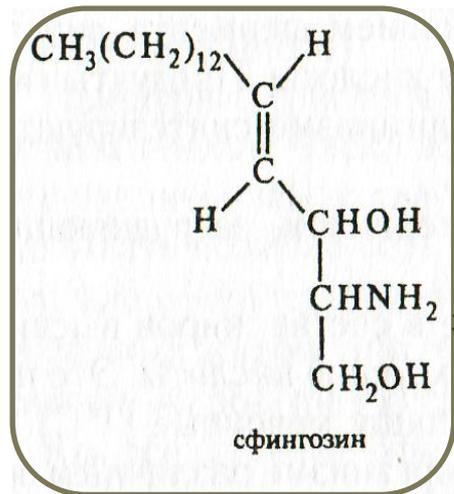
# Glycolipids

- Glycolipids - esters of fatty acids, glycerol or Sphingosine which also contains: carbohydrate components (glucose, galactose, etc.).



- from galactose

from glycerol



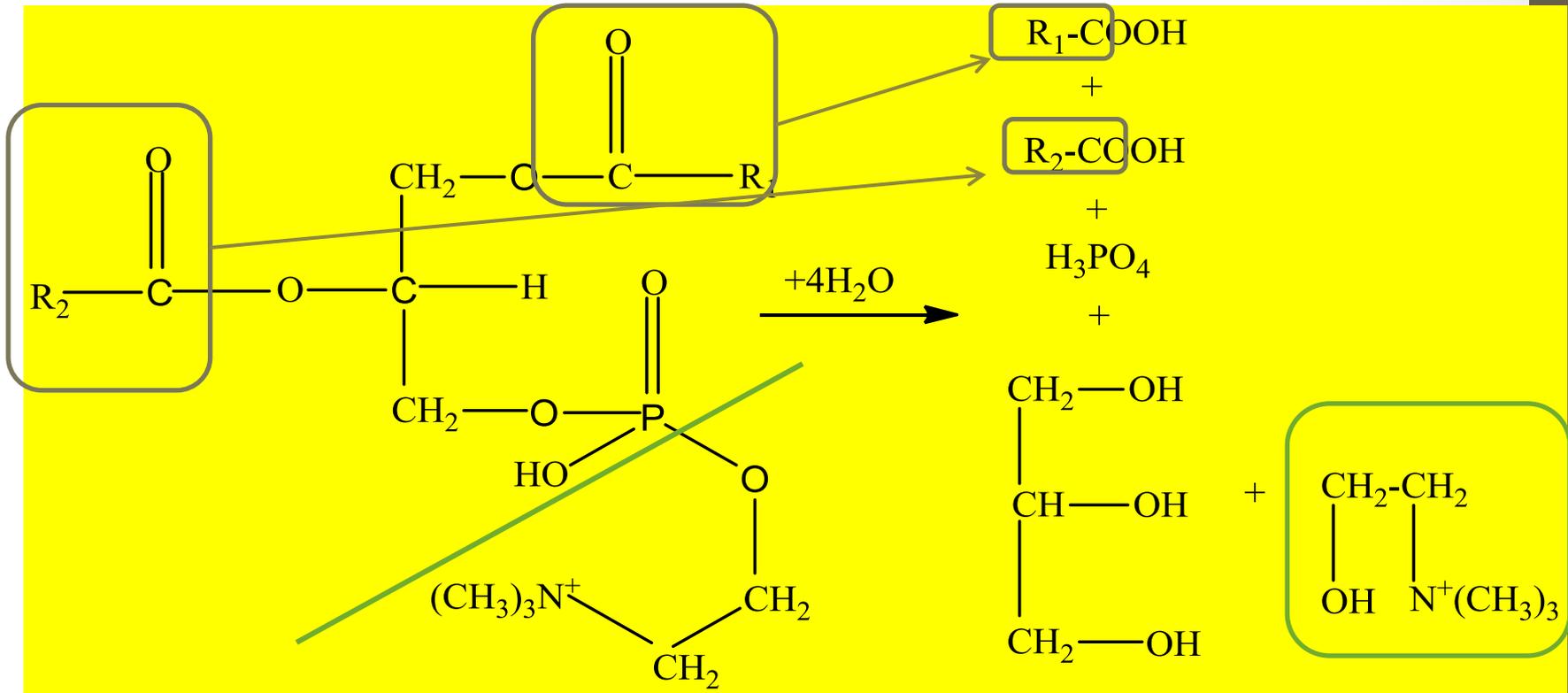
From fatty acid

From choline

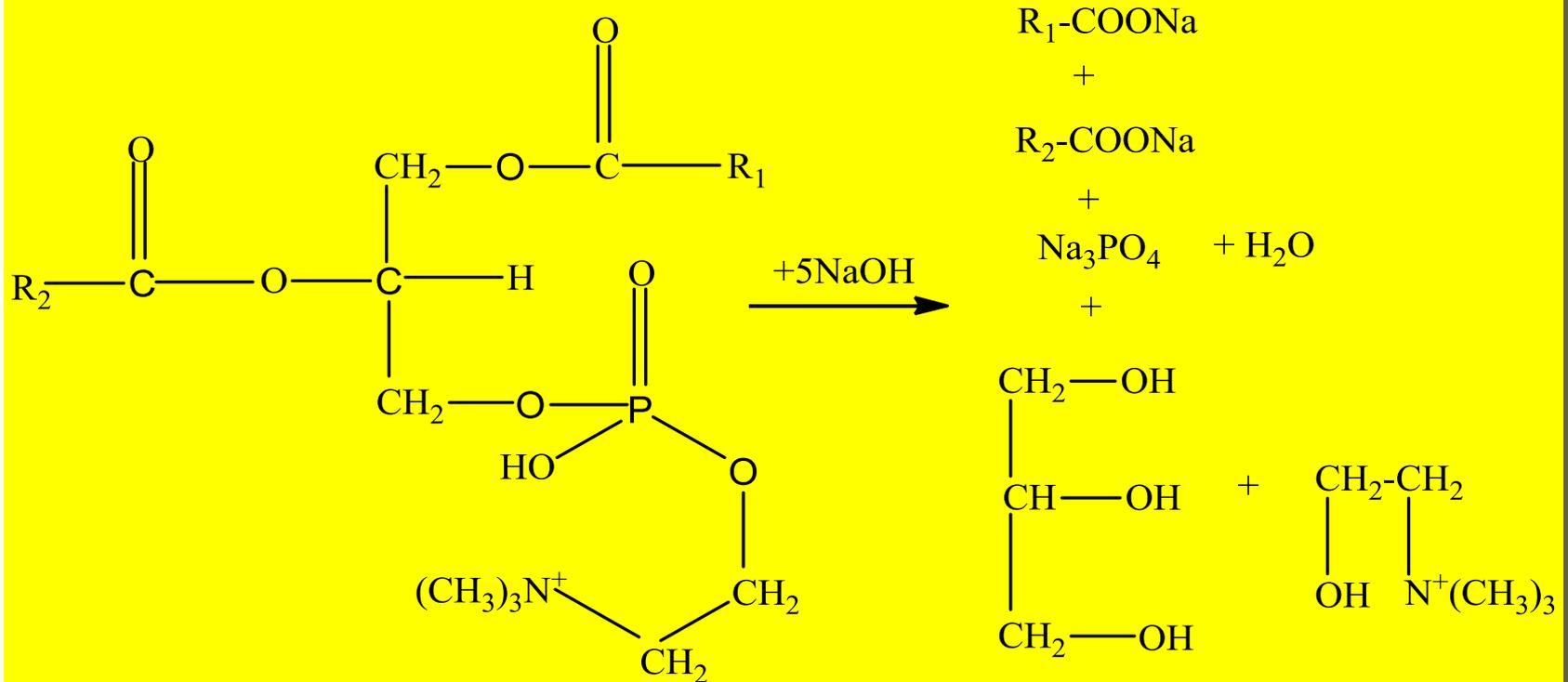
From monosuccaride

glucophospholipid

# Acidic hydrolysis of compound lipids



## Saponification of compound lipids

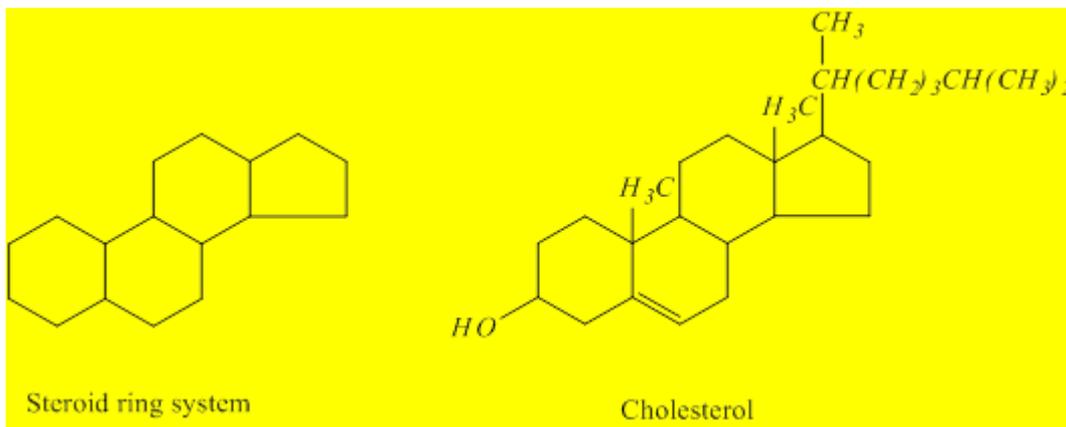


# NONSAPONIFIABLE LIPIDS

- **Nonsaponifiable** lipids are not cleaved into smaller molecules by hydrolysis because of the absent of ester groups.

# Steroids

- contain a four-ring system of three 6-membered rings and one 5-membered ring:

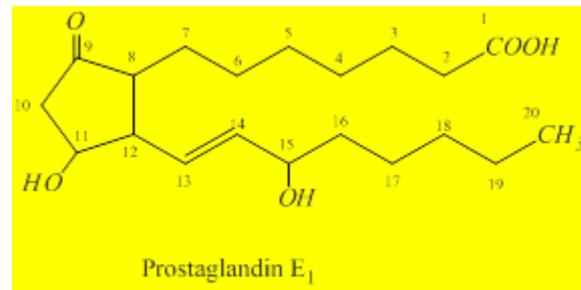
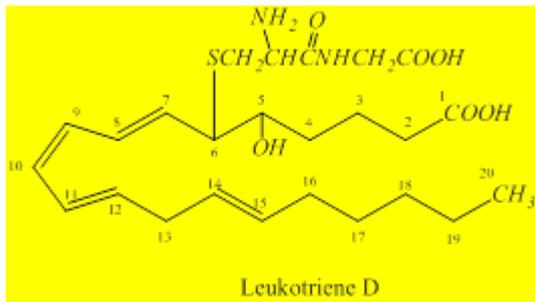


# Cholesterol

- Cholesterol, the most abundant steroid, is an important constituent of cell membranes and the starting material for biosynthesis of the steroids.
- This includes the sex hormones, such as progesterone, estradiol, testosterone, and androsterone, adrenocortical hormones such as aldosterone and cortisone, bile salts, and vitamin D.

# Leukotrienes

- contain 20 carbons in a continuous chain with a *COOH* group at one end.
- Prostaglandins are similar to the leukotrienes except that there is a 5-membered ring as part of the 20-carbon chain.



# Terpenes

- contain multiples of five carbons since they are synthesized by linking together isoprene units.
- The isoprene unit is a branched C 5 unit. Vitamines A (trans-retinol), D, and E are terpenes.

The isoprene unit is a branched C 5 unit.  
Vitamines A (trans-retinol), D, and E are  
terpenes.

